



7
I AM
SPIRITUALLY
EMPOWERED

1
I AM
SOCIALLY
CONNECTED

6
I AM
ACADEMICALLY
FOCUSED

2
I AM
PHYSICALLY
ENERGISED

5
I CAN
LOOK AFTER MY
ENVIRONMENT

MY
LIFE
HAS
PURPOSE

3
I AM
EMOTIONALLY
HAPPY

4
HEALTH
WEEK 2020



Adventist
Health



WELLNESS

the
LIVE MORE
PROJECT

Seventh-day
Adventist Church
New Zealand Pacific